

# CUBBY'S CLUBHOUSE



## Television Policy

I limit the time children in my care are permitted to watch television.

The watching of television programmes, DVDs and videos is normally restricted to:

- Times that I believe the children need some wind down time, for instance after school or a busy morning out and about in the fresh air.

If a child is feeling a little off colour and needing more rest then it may be appropriate for them to watch more television that day.

I ensure that any programmes watched are suitable for all the children in my care. If your child wants to bring a DVD or video to watch at my house please check with me first as it must be appropriate viewing for the younger children.

Recent research has shown that excessive watching of TV can actually cause problems for some children.

It can affect their social and communication skills, as there is no interaction.

Television is very fast and children get used to this pace of entertainment, this can then result in them becoming bored and frustrated at the slower pace of school teaching.